

The ARC is committed to the **Core Values** of:

- Faith:** Our commitment to Jesus Christ is the motivation for everything we do.
- Integrity:** Our commitment to treating all of our guests fairly and honestly.
- Resources:** Our commitment to providing facilities where all groups and individuals can “Come Away and Rest Awhile.”
- Maturity:** Our commitment to growing stronger to meet the changing needs of our guests.

The Mission of the ARC is to bring God’s people to a place where they can be re-energized to go back to their homes, churches and communities to make a difference.

Vision Statement: Through updated facilities and gracious hospitality, the ARC will show Christ’s love in helping build loving relationships and a firm foundation through team-building, leadership training, and physical and spiritual renewal for all ages.

ARC Contact information:

Website: www.arc-aflc.org

Facebook: [arccenter](https://www.facebook.com/arccenter)

Twitter: [@thearcosceola](https://twitter.com/thearcosceola)

Blog: <http://arcnotes.wordpress.com>

Mailing Address: 2372 30th Avenue; Osceola, WI 54020

Phone: 800-294-2877

Email: the_arc@centurytel.net

Fax: 715-294-2398

FOLLOW ME

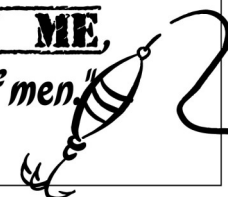
*A 21-Day Journey
of Prayer
for the ministry of the
ARC*

February 1-February 21, 2012



*And Jesus said to them, **FOLLOW ME,**
and I will make you become fishers of men.*

Mark 1:17 NASB



How to use this book:

The ministry of the ARC reaches over 10,000 people every year with the love and grace of the Lord Jesus Christ. For three weeks we are asking our ministry partners to spend a few minutes each day reflecting on God's Word and in prayer for this ministry.

Some may also feel led to spend some of this time in fasting as some of our staff will be doing. We invite you to consider fasting on an individual basis.

Following are some suggested scripture passages that will lead you in a time of worship, prayer and personal reflection. Included are some questions for thought, and prayer requests that we as an ARC staff would like you to remember during this journey.

You may also want to check our blog daily during this time for further insights. If so, please feel free to offer your own comments on the journey. The ARC blog can be found at:

<http://arcnotes.wordpress.com> and will be up and running on February 1, 2012.

Daily Prayer topics regarding the ARC:

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| 1. ARC Staff and families | 10. The Housekeeping Staff |
| 2. The ARC Board | 11. The Maintenance Staff |
| 3. The ARC Corporation | 12. The Office Staff |
| 4. ARC Groups already contracted for 2012 | 13. The Guest Services Staff |
| 4. Upcoming ARC camps, retreats and events. | 14. The Kitchen Staff |
| 5. ARC finances. | 15. ARC neighbors |
| 6. Speakers for each camp. | 16. ARC marketing efforts |
| 7. Those receiving Christ for the first time. | 17. Local churches using the ARC |
| 8. Those who have rededicated their lives to Christ. | 18. Private Schools using the ARC |
| 9. Those seeking physical rest. | 19. Those on Hermitage Retreats |
| | 20. Our AFLC camps |
| | 21. Non-Faith based groups |

*"Come and **follow** me," said Jesus, "and I will make you fishers for men." Mark 1:17*

Suggested questions for meditation and thought as you read each passage:

- Who is being addressed in this passage?
- What is the life situation? (may need to read more of the context)
- What is the teaching regarding 'Following Christ'?
- What lesson does this bring into your daily activities?
- How may you pray for the staff and groups using the ARC in 2012?

1. Matthew 4:19-22

"Come, follow me," Jesus said, "and I will send you out to fish for people." At once they left their nets and followed him. Going on from there, he saw two other brothers, James son of Zebedee and his brother John. They were in a boat with their father Zebedee, preparing their nets. Jesus called them,²² and immediately they left the boat and their father and followed him.

2. Matthew 8:19-23

Then a teacher of the law came to him and said, "Teacher, I will follow you wherever you go." Jesus replied, "Foxes have dens and birds have nests, but the Son of Man has no place to lay his head." Another disciple said to him, "Lord, first let me go and bury my father." But Jesus told him, "Follow me, and let the dead bury their own dead." Then he got into the boat and his disciples followed him.

3. Matthew 9:9-13

As Jesus went on from there, he saw a man named Matthew sitting at the tax collector's booth. "Follow me," he told him, and Matthew got up and followed him. While Jesus was having dinner at Matthew's house, many tax collectors and sinners came and ate with him and his disciples. When the Pharisees saw this, they asked his disciples, "Why does your teacher eat with tax collectors and sinners?" On hearing this, Jesus said, "It is not the healthy who need a doctor, but the sick. But go and learn what this means: 'I desire mercy, not sacrifice.' For I have not come to call the righteous, but sinners."

4. Matthew 9:18-26

Jesus Raises a Dead Girl and Heals a Sick Woman

While he was saying this, a synagogue leader came and knelt before him and said, “My daughter has just died. But come and put your hand on her, and she will live.” Jesus got up and went with him, and so did his disciples. Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. She said to herself, “If I only touch his cloak, I will be healed.” Jesus turned and saw her. “Take heart, daughter,” he said, “your faith has healed you.” And the woman was healed at that moment. When Jesus entered the synagogue leader’s house and saw the noisy crowd and people playing pipes, he said, “Go away. The girl is not dead but asleep.” But they laughed at him. After the crowd had been put outside, he went in and took the girl by the hand, and she got up. News of this spread through all that region.

5. Matthew 10:37-39

“Anyone who loves their father or mother more than me is not worthy of me; anyone who loves their son or daughter more than me is not worthy of me. Whoever does not take up their cross and follow me is not worthy of me. Whoever finds their life will lose it, and whoever loses their life for my sake will find it.

6. Matthew 19:21-22

Jesus answered, “If you want to be perfect, go, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me.” When the young man heard this, he went away sad, because he had great wealth.

7. Matthew 27:55

Many women were there, watching from a distance. They had followed Jesus from Galilee to care for his needs.

8. Mark 9:38 (NASB)

John said to Him, “Teacher, we saw someone casting out demons in Your name, and we tried to prevent him because he was not following us.”

20. 1 Corinthians 1:10-13; 3:5-9

I appeal to you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree with one another in what you say and that there be no divisions among you, but that you be perfectly united in mind and thought. My brothers and sisters, some from Chloe's household have informed me that there are quarrels among you. What I mean is this: One of you says, "I follow Paul"; another, "I follow Apollos"; another, "I follow Cephas"; still another, "I follow Christ." Is Christ divided? Was Paul crucified for you? Were you baptized in the name of Paul? What, after all, is Apollos? And what is Paul? Only servants, through whom you came to believe—as the Lord has assigned to each his task. I planted the seed, Apollos watered it, but God has been making it grow. So neither the one who plants nor the one who waters is anything, but only God, who makes things grow. The one who plants and the one who waters have one purpose, and they will each be rewarded according to their own labor. For we are co-workers in God's service; you are God's field, God's building.

21. 1 Corinthians 10:31-11:1

So whether you eat or drink or whatever you do, do it all for the glory of God. Do not cause anyone to stumble, whether Jews, Greeks or the church of God— even as I try to please everyone in every way. For I am not seeking my own good but the good of many, so that they may be saved. Follow my example, as I follow the example of Christ.

Notes:

9. Mark 10:17-22 (NASB)

As He was setting out on a journey, a man ran up to Him and knelt before Him, and asked Him, "Good Teacher, what shall I do to inherit eternal life?" And Jesus said to him, "Why do you call Me good? No one is good except God alone. You know the commandments, 'DO NOT MURDER, DO NOT COMMIT ADULTERY, DO NOT STEAL, DO NOT BEAR FALSE WITNESS, Do not defraud, HONOR YOUR FATHER AND MOTHER.'" And he said to Him, "Teacher, I have kept all these things from my youth up." Looking at him, Jesus felt a love for him and said to him, "One thing you lack: go and sell all you possess and give to the poor, and you will have treasure in heaven; and come, follow Me." But at these words he was saddened, and he went away grieving, for he was one who owned much property.

10. Luke 5:4-11

When he had finished speaking, he said to Simon, "Put out into deep water, and let down the nets for a catch." Simon answered, "Master, we've worked hard all night and haven't caught anything. But because you say so, I will let down the nets." When they had done so, they caught such a large number of fish that their nets began to break. So they signaled their partners in the other boat to come and help them, and they came and filled both boats so full that they began to sink. When Simon Peter saw this, he fell at Jesus' knees and said, "Go away from me, Lord; I am a sinful man!" For he and all his companions were astonished at the catch of fish they had taken, and so were James and John, the sons of Zebedee, Simon's partners. Then Jesus said to Simon, "Don't be afraid; from now on you will fish for people." So they pulled their boats up on shore, left everything and followed him.

11. Luke 9:10-11 (NIV)

When the apostles returned, they reported to Jesus what they had done. Then he took them with him and they withdrew by themselves to a town called Bethsaida, but the crowds learned about it and followed him. He welcomed them and spoke to them about the kingdom of God, and healed those who needed healing.

12. Luke 9:57-62

As they were walking along the road, a man said to him, "I will follow you wherever you go." Jesus replied, "Foxes have dens and birds have nests, but the Son of Man has no place to lay his head." He said to another man, "Follow me." But he replied, "Lord, first let me go and bury my father." Jesus said to him, "Let the dead bury their own dead, but you go and proclaim the kingdom of God." Still another said, "I will follow you, Lord; but first let me go back and say goodbye to my family." Jesus replied, "No one who puts a hand to the plow and looks back is fit for service in the kingdom of God."

13. Luke 18:28-30 (NIV)

Peter said to him, "We have left all we had to follow you!" "Truly I tell you," Jesus said to them, "no one who has left home or wife or brothers or sisters or parents or children for the sake of the kingdom of God will fail to receive many times as much in this age, and in the age to come eternal life."

14. Luke 21:8-9

He replied: "Watch out that you are not deceived. For many will come in my name, claiming, 'I am he,' and, 'The time is near.' Do not follow them. When you hear of wars and uprisings, do not be frightened. These things must happen first, but the end will not come right away."

15. John 10:1-5

"Very truly I tell you Pharisees, anyone who does not enter the sheep pen by the gate, but climbs in by some other way, is a thief and a robber. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger's voice."

16. John 10:27-30

My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand. My Father, who has given them to me, is greater than all; no one can snatch them out of my Father's hand. I and the Father are one."

17. John 13:36-38

Simon Peter asked him, "Lord, where are you going?" Jesus replied, "Where I am going, you cannot follow now, but you will follow later." Peter asked, "Lord, why can't I follow you now? I will lay down my life for you." Then Jesus answered, "Will you really lay down your life for me? Very truly I tell you, before the rooster crows, you will disown me three times!"

18. John 21:19-22

Jesus said this to indicate the kind of death by which Peter would glorify God. Then he said to him, "Follow me!" Peter turned and saw that the disciple whom Jesus loved was following them. (This was the one who had leaned back against Jesus at the supper and had said, "Lord, who is going to betray you?") When Peter saw him, he asked, "Lord, what about him?" Jesus answered, "If I want him to remain alive until I return, what is that to you? You must follow me."

19. Acts 12:8-10

Then the angel said to him, "Put on your clothes and sandals." And Peter did so. "Wrap your cloak around you and follow me," the angel told him. Peter followed him out of the prison, but he had no idea that what the angel was doing was really happening; he thought he was seeing a vision. They passed the first and second guards and came to the iron gate leading to the city. It opened for them by itself, and they went through it. When they had walked the length of one street, suddenly the angel left him.